

3rd Joint SIH Congress

University of Bern & University of Freiburg 29–31 May 2026 | Kursaal Bern, Switzerland

Goals

The primary goal of the SIH Congress is to bring together neurologists, neurosurgeons, and neuroradiologists with a shared interest in Spontaneous Intracranial Hypotension (SIH). The congress aims to foster interdisciplinary collaboration, promote knowledge exchange, and provide both introductory training and state-of-the-art scientific updates in this evolving field.

Over the past decade, our understanding of SIH has grown tremendously: etiologies have been elucidated, diagnostic work-up refined, and therapies optimized. Yet, many important questions remain open. This meeting offers a unique platform to discuss current challenges and explore future directions together.



Scientific Content

- Introductory Course (Friday):

Designed for participants with little or no prior experience in SIH, including practical sessions on diagnostic work-up, pyelography techniques, and small-group case discussions.

- Scientific Sessions (Saturday & Sunday):

Covering the full spectrum of SIH, from diagnosis and treatment strategies to the most recent advances in imaging and therapy. Sessions will feature expert-led lectures, interactive tutorials, and case-based discussions, including morbidity and mortality rounds.

Faculty will include leading international experts in SIH, ensuring a high-quality educational and scientific exchange.

Target Audience

The congress welcomes neurologists, neurosurgeons, and neuroradiologists from around the world, at all levels of training and experience. The format is designed to support both newcomers to SIH and experienced clinicians and researchers, offering opportunities to build skills, deepen knowledge, and strengthen collaborations.

Venue

Kursaal Bern Kornhausstrasse 3 3013 Bern, Switzerland

Registration Fees

- Early Bird (until 31 January 2026): €300

- Regular (from 1 February 2026): €400

- Residents: €250

The fee includes participation in the three-day congress, catering (coffee breaks & lunches), and the Get-Together Dinner on Saturday evening.

Travel, accommodation, and personal expenses are not included.

Cancellation policy: Free of charge until 15 April 2026; after this date, fees are non-refundable.



For further information and registration, please visit: https://neurorad.insel.ch/de/lehre-und-forschung/SIHmeeting2026